The Bridge

A Monthly Journal devoted to Individual Unfoldment, Contact
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THE HOMES AND RETREATS OF THE MASTERS OF WISDOM

THE RETREAT OF THE GREAT GOD MERU

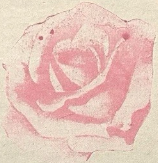
FROM AUGUST 15 TO SEPTEMBER 14, 1952

Within the heart of one of the most majestic mountains of the Andes Range in South America, is the spiritual Sanctuary and Retreat of the Great God Meru, Lord Manu of the Sixth Root Race, whose final perfection is to find expression on the South American Continent in the not too far distant future.

Approaching the entrance to the Ancient Sanctuary, we come upon a large foreman's Lodge, with rough hewn beams and braided thatch roof, that upon first glance deflects the interest and curiosity of the sightseer. Entering into the spacious living room, we see a great rough stone fireplace at one end, many cushioned seats, woven in glorious colors by the talent of the native countrymen. Along the opposite wall is a beautiful tapestry, depicting one of the early rulers of the Incan Civilization, in the act of raising the Flame to the morning sun.

As we wait in this quiet, peaceful, resting room, the tapestry curtain is drawn aside, and a tall, graceful man garbed simply in a linen tunic, stands in the entrance. He beckons to us to follow him through the long stone passage-way, into the heart of the mountain.

We move along in silence, coming suddenly upon a great, natural Cave, lined with the same white rocklike substance. In the very center of the room, a great Flame burns, rising upward in a column of white essence, and disappearing in some manner through the roof of the cavern. In a great circle around this Central Flame are over two hundred cushions, so placed as to allow ample room for each person to sit upon an individual cushion, and—facing the Central Altar, have an unbroken view of the Flame and any Officiating Beings who might manifest there for a specific purpose.



The Messengers and Che'as of the God Meru use the Rose as a symbol of their specific dedication to His Part in the Great God Plan.

The Andes Mountains

As we stand in the threshold, we see that over one hundred of the cushioned seats are occupied, and that the Great God Meru himself, stands by the Pillar of Flame.

The God Meru is the Arch-type of the entire Sixth Root Race, with all its seven sub-races. This means that He is the perfect God Image for each one of the countless millions of spirit sparks called forth for evolution upon the planet earth by His God Flame.

All the individuals who belong to the Sixth Root Race are his special charge, and wherever they are presently living upon the planet earth, He can never know full freedom of release from the responsibilities of guardianship, until every one of these individual souls are developed and matured in the school room of earth's experience.. When his particular children do evolve spiritually, He will establish a great civilization in South America, which will be a Golden Age of great perfection, enduring for over ten thousand years.

Looking at Him, we see the delicately carved features, the singularly beautiful, graceful dignity of his tall body, and the Promise that lies in His Exquisite and Unfathomable Eyes... We reflect on the possibilities of an entire race, carrying as their heritage, his characteristics, his simple beauty, this harmony and rhythm and dignified simplicity.

During the thirty day period between August 15 and September 14, the attention of the Great White Brotherhood is centered in the Retreat of the Great God Meru, to intensify the Blessings of Peace in the individual and the world.

"THE LORD WILL BLESS HIS PEOPLE WITH PEACE"— (Psalm 20:11)

THE MASTERS OF WISDOM SPEAK ON

PEACE

Maha Chohan

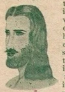
Individual, national, universal and cosmic Peace is based on the capacity of each member of society to consciously and voluntarily control the quality of the energy which enters his particular atmosphere and orbit which then radiates out and affect the world of which he is a part. As a chain is only as strong as its weakest link, so is the peace of a family, a nation or a planet only as enduring as the power of the least member of its society to disturb its harmony. The education of the human race, as to its individual responsibility to enter a course of applied self control, is the first step toward an Abiding Peace, the like of which we enjoy in the Kingdom of Heaven.

Morya El

"And the Government shall be upon His Shoulders." The race is passing from the irresponsible days of childhood, with its requisite restraints of force, into the self government through which each individual abides within the Law of Love and takes as his personal and constant responsibility to govern, qualify, and radiate energy into our universe that in no way disturbs the peace. When the race accepts this individual responsibility, and takes his individual government upon his shoulders, the doing of God's Will will be a joy and not a task of superhuman difficulties.

The individual should cultivate daily that peace that passeth all understanding, and when he becomes a peace—radiating center, he will know what real happiness is, and moreover, he will be doing God's Will, thereby becoming a conscious co-worker of the Great White Broterhood.

Kuthumi

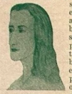


Working so constantly with the Lords of Karma and the Builders of Form, to provide suitable and receptive bodies for the incoming souls, who are the Hope of the Future, it has been my particular concern to see the ungoverned thoughts and feelings of the human race condensing into localized and planetary wars, destroy the bodies of the young before they are enabled to manifest their particular destinies. If mankind, individually, could understand that each lifestream contributes to the Face of War, which has appeared in every generation, we could hope—then—for an individual endeavor to stop feeding the angers, jealousies, greeds and lusts which—in turn—tear from the hearts and homes of all peoples the flower of each nation's youth.

Venetian

In my particular service to life. I have endeavored to stress the deep necessity for understanding the motivating power behind the actions of our brothers, human and divine. The life within every individual is seeking and striving to express the God Intent, because that is the primal nature of life itself. The vessel, or instrument, through which it endeavors to express limits the gifts and powers of this life. If man would look to this life, within his brother, and encourage its expression in a loving and constructive manner, instead of driving it back through intolerance, bigotry and impatience, we should see true Brotherhood, which is the essence of family, national, planetary and cosmic Peace.

Serapis Bey



In our present humanity, there are in the neighborhood of ten billion souls, all completing their individual evolutions through the planets of our system. Because each individual is a generator of vibrations, through spoken word, and physical action the Universal Vibration of the earth's atmosphere, inner and outer, is the conglomerate mass of these uncontrolled energies. Is it not evident why, from time to time, these energies mass—like great storm clouds—and break over the peoples as **WAR**? Only one third of the entire population is allowed by the Lords of Karma to take embodiment at a time, due to the lack of control of each individual—as a greater percentage of incarnated lifestreams would blow the very physical substance of the earth to pieces! It is **indeed** time that individual, more than universal, self control and self correction was instigated, and—as the individual unit becomes a Peace Commanding Presence— the world screen will reflect the condition of the atmosphere of each human being —**then,** and then alone, will an Abiding Peace be manifest to this generation, and those that are yet to come.

Hilarion

Every man becomes the possessor of the energy of life when his life stream is individualized. At the same time, he becomes individually responsible for the quality which he charges into his energy as it passes through his mind, feelings, and body into the world around him. The mankind of this earth are endeavoring to learn how to govern the energy of their individual world. This is their purpose of incarnation in the schoolroom of earth. The mis-use of energy recoils upon the individual and gradually as children learn the lessons of cause and effect through experience, mankind awakens to the necessity of governing and controlling the life which is given him so freely. But in the course of his learning, there is so much "raw material" drawn from the Universal Storehouse and thrown carelessly into the world of form that the Law of Mercy has placed Us here to help in clearing the experimental laboratories again and again, so that humanity may try to learn its lessons of harmonious expression under the most favorable circumstances. It will be of tremendous encouragement to us when enough of mankind choose to learn how to govern their energies, for we will then see the final chapter in the Book of Life, a planet of Everlasting Peace.

"MY PRESENCE SHALL GO WITH THEE AND I WILL GIVE THEE REST"— (Ex 33:14)

Jesus

The Kingdom of Heaven is a Sphere of Consciousness in which there is no individual being desirous of, or capable of, creating an inharmonious or destructive vibration through the use of the creative centers of thought, feeling, spoken word, or action. To enter the Kingdom, a lifestream must first signifty his willingness to stop re-qualifying his energies in a manner that creates discord, subtle or apparent. Then comes the more tedious process of training the subtle bodies to receive and direct the impersonal energies of life in a wholly constructive and harmonious manner. When the lifestream has proven itself no longer capable or desirous of responding to any type of stimuli—external or internal—in a manner that creates a discordant vibration, that one is a Candidate for entrance into The Kingdom. Have you ever thought how long The Kingdom would endure, if even **one** lifestream who had not become absolute master of his energies should become an active, conscious, contributing part of its atmosphere? To prepare to enter The Kingdom is not the work of a moment, nor the emotional stimulus of a "last hour" repentance, it is a life work of constant, persistent, endeavor in self control, self correction, and prayerful invocation for the contributing grace of radiation from Those who have achieved.

Saint Germain

Mankind cries today "I want peace." We must reverse this desire to "I give peace." Every member of our human race is an atomin the Universal Body of God. The body is only as perfect as its every part. The coming of Peace is to be accomplished **through** the human race and not for the human race. To hold the Peace is the responsibility of the individual who is self-consciously aware of the requirement of the hour. Man signifies every moment which is most precious to him by that to which he clings. Peace or his own personal will. Peace or his individual comforts. Peace or his individual concepts. I do not advocate "peace at any price." Not for an instant. But an individual may be positively aligned on the side of Right, and yet his individual energies positively charging vibrations of a battling, inharmonious nature into the cause he serves. Paradoxical? No! The nature of your feeling world in dealing with conditions determines whether you are holding the Peace or —self rigteously or otherwise—feeding the works of the devil.

Daily Work Sheet
PEACE
August 1952

Blessed are the peacemakers: for they shall be called the children of God.

—Jesus. (Mat. 5:9)

Understand and **visualize** the following every hour of the day:

I know and feel that now and every moment of the day the Higher Self of each one of the ten billion souls evolving on this planet—embodied and disembadied—is radiating "Peace on earth and goodwill toward men."

I know and feel that this mass thought and feeling force has annuled already the cause and effect of all future wars on this planet.

I know and feel that now and always all those who are placed in positions of authority, with the apparent power to decide on peace or war, are overshadowed by the Gods, Princes and Liberated Masters of Peace and have already decided on peace.

"Peace on earth and goodwill toward men." (Luke 2:14.)

HEALING IN THE NEW DISPENSATION

The consciousness of mankind is now at the threshold of a New Age, which will require of every man that he develop within himself the knowledge, capacity and will to govern his destiny, to consciously dissolve the causes within himself that are behind the unpleasant experiences in which he finds himself and then... intelligently... create new centers of thought and feeling which will manifest in his body as immortal youth, inexhaustible strength and vigor, and in his mind as peace, understanding and enlightenment.

The Old Order, wherein man relied upon a consciousness outside of himself to alleviate his pain, dispense mercy, and make him whole, is passing away. The discovery of the powers that are within man's own life forms the Field of Spiritual Exploration open to the Thinkers and Leaders of the Race. Man, grasping his own destiny, must acknowledge himself, first, the cause of his present distress, and then, no longer placing the responsibility for his unhappiness outside of himself, he enters the New Era of self conscious mastery of his own life energy and learns to set his house in order through the faculties and powers that are quiescent within his own life.

Jesus has been the Greatest Exemplar of the Power of Instantaneous Healing that the Western World has known. He has said "the things that I have done, ye shall do also, and even greater things shall ye do." His Promise is our Challenge. It is not enough to have a Few Elect endowed with the capacity of mitigating the evils in the lives of the masses. Each man, in the World of Tomorrow, must become the Healing Presence himself.

The Healing of the New Age will come first, through the upreaching of the people toward an explanation as to the cause for their distress.

Music, color, vibrations of light, are all mediums of healing, natural conductors of vitalizing and energizing force. The Angelic Kingdom, the Seraphic Hosts, certain of the Masters of Light will join with mankind in helping to free the race from the distressing conditions under which it functions today. We shall elaborate in forthcoming issues of THE BRIDGE on these various activities and the way which every man may cooperate with the law of health and peace of mind.

"NO MAN CAN COME TO ME, EXCEPT THE FATHER WHICH HATH SENT ME DRAW HIM."
Jesus. (John 6.44)

WINGS OF LIGHT

By V. F. ANGELDAY

Every day of the year, and not only at Christmas, should be the Season of Gifts. Therefore, dear Friend, WHAT IS THE GREATEST GIFT THAT CAN BE GIVEN, Great wealth? Power and Position? Tell me! What good are any or all of these without LIFE? What can you do WITHOUT LIFE? It is EXISTENCE ITSELF without which naught else is possible.

It is the greatest joy and privilege in the Universe to co-operate with that Life to produce Health, Happiness, Beauty and Perfection RIGHT HERE in this physical world, for which every living soul came into existence here. "Whither shall I go from Thy Spirit? Or whither shall I flee from Thy Presence? If I ascend up into Heaven, Thou art there; if I make my bed in Hell, thou art there..." Psalm 139. Why? Because wherever you are, GOD IS! Your Life is the very Presence of God Himself, by which you breathe, think, feel, live, move and have your being and IT IS RIGHT WITHIN your physical heart. It is the ENERGY that beats that heart. It is the free-est of all free gifs to all—without money and without price, but WHO AMONG US REALLY KNOWS THIS?

Who among us loves and reveres that Presence of Life within us? Who gives joyous praise and sincere thanks JUST FOR LIFE first thing each morning as we return to this world in consciousness to a clean, fresh start, in a clean, fresh day, with a clean, fresh page opened before us in our own Personal Book of Life, on which we may imprint the most beautiful record of Love's accomplishments or the blot and smear of wasted energy.

"Every day is a new beginning; every morn is the world made new" Regardless of our "yesterday," regardless of past mistakes—Life—that magnificent Presence which beats our hearts and is our VERY consciousness, by this daily offer of another chance, allows us to correct and balance all the errors of the past. Life, which is GOD IN ACTION, constantly forgives and forgives with ever expanding Love and Devotion to Its Creation. That Creation is in reality an extension of Itself right here.

Life is no respecter of persons. Its gifts are for ALL. They are ours for the asking but the "asking" must be done. The call for those gifts releases them, but the call must come from the heart of the one desiring them. That call can no more fail to be heard or answered than that you could suddenly put the Sun Itself out of existence. It is LIFE ITSELF that makes the call. The Laws of Life are just as Eternal as the Sun Itself and "Call unto me and I WILL ANSWER YOU" is one of those Laws.

Each individual is a "special" being of God's Love which He created in individualized form in order to have something to love and something through which to love the rest of His Creation. The very willingness to turn your attention to that Life within your heart draws immediate and overwhelming response into your physical world and if you get still ENOUGH, you can FEEL IT.

Life Itself is ALL there is! IT IS GOD HIMSELF in action in each one. Dear Friend—as long as you have a beating heart—YOU ARE MASTER OVER EVERYTHING in your world. As long as you have a beating heart, NOTHING IS HOPELESS; NOTHING IS IMPOSSIBLE UNTO YOU for "One with God is a majority" and "With God ALL THINGS are possible." Remember! God's Life is RIGHT WITHIN YOUR OWN HEART. "Know Thyself" have said the Sages of the past and what is more "Thyself" than your own personal heartbeat? Try getting acquainted with your own heart-beat and Its Source and you will NEVER feel lonely or hopeless again. Right within your own blessed Self has ALL OF LIFE given Itself to you for constant use—without limit. This practice, persistently held to—will lift you to the attainment of your every heart's desire—right here in your daily experience in this world. It will be "Wings of Light" to you. Try it. It works!

SUPPLY IN THE NEW AGE

The irresistible force in a seed commands every Power of nature to rush to its assistance that it may express its full design. It contains a magnetic pull that draws the farmer from his bed before the morning light has entered the sky, to assist in loosing the ground, in carrying the water and the nourishment that the life within the seed **demands** to fulfill its purpose, that invokes the rays from the Sun itself and enlists the cooperation of all the tiny intelligent workers of the nature kingdom to pulverize the earth and ease its journey toward the Sun.

Every desire and idea that enters your mind and heart, which contains no evil intent within it, is endowed—like the seed—with the magnetic power to draw itself the substance, power and intelligent help required to germinate in the garden of your consciousness.

A constant and steady stream of God ideas and desires are flowing outward from the Godhead through the universe with the rays of the sun. They are the messengers of God, carrying into the minds of men potential plans to "widen the borders of His Kingdom". The joy of nourishing and externalizing these ideas is one of the Gifts of God's love. The more open and receptive we are to them, the more we invite them by earnest invocation of the Higher Mind, the more eagerly they will flow into our consciousness and thought.

Let us remember that these God ideas and desires contain within their "very selves" the magnetic Power of God and the capacity to multiply and fulfill themselves in form. We can but welcome them and nourish them with love and patience and constancy until their period of germination is completed and they externalize in our experience. Rejoice in a new unfulfilled desire that has entered the compass of your thought. Is is a messenger of the Father that carries with it a new gift for your world. Let it not arouse within you discontent or dis-satisfaction with the present world. Remember, first comes the desire "gift of the father," then fulfilment. You will not receive a desire for abundance, health, a beautiful home, a new car, until the God idea, already conceived and dedicated to fulfillment, has been sent forth from the intelligent heart of the universe and you have merely been chosen to widen the borders of the Kingdom by externalizing more beauty therein. Accept a good desire, a new idea. Never deny its possibility of externalization throught your world.

"I Invite and joyously accept the God ideas and desires that are constantly flying through the universe, awaiting entrance into the fertile consciousness of some member of the human race that they might be nourished and externalized for the greatter good of myself and my fellow man. Within every good desire and idea that is germinating within my mind and consciousness, is the mag-

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"I AM THE LORD THY GOD WHICH LEADETH THEE BY THE WAY THOU SCHOULDEST GO". Isa. (48:17)

HOW TO ACT IN A CRISIS

He shall cover thee with his feathers, and under his wings shall thou trust... Psalms 91:4

In the ordinary course of daily living, crises do arise... individual crises that affect only one person, a family or a localized group of related beings, and—less often—thank God, great national and international crises that affect millions. The important thing for each one to remember is that any group, no matter how small nor now large, is made up of the individual unit, multiplied. The calm, poised, reasoning individual becomes the pivotal point for the greater number who are unable to inteligently cope with sudden shock, surprise, fear, or whatever the appearance may be. We have all read of how great audiences have safely been removed from burning buildings through the quick thinking and masterful control of either an entertainer or of a member of the audience itself, who directed the thaught pattern of the crowd and maintained order and balance in the entire group.

Emotional hysteria and all mass feeling are highly contagious, and run—life a forest fire—through the feeling world of mankind. There is no individual who is proof against sudden, unexpected disturbance, unless such an one has carefully and constantly trained himself to remain poised and balanced in the face of emergencies, and built a momentum of controlled energy into his own world. The practice ground for such training is our daily environment. Kipling put it well when he said "If you can keep your head when all about you are losing their's and blaming it on you." The matter of keeping your head (mind) receptive to the directions of the Higher Intelligence, and your feelings calm and unruffled, in the face of unpleasant daily experiences may make all the difference between safety and disaster when emergencies arise.

We have all had the experience of contacting a calm, poised individual when we ourselves have been distressed, and have witnessed the effect of the transference of that calm, poised, assured feeling stilling our own distressed emotions. Thus, although hysteria, fear and uncontrolled emotions are instantly transferable, so too are the higher spiritual qualities of peace, poise and balance.

Over and above the human race, there stand Great Guardian Beings whose responsibility and voluntary service is to protect the lifestreams on the planet when need arises. They do this through connecting Their Own Feelings of Peace, Poise, Safety, Calmness, and Healing, with some individual in a physical body, who can maintain harmonious control of his emotional and mental energies at a time when the great masses are distressed. Such an individual is singled out, and through his very body flows the substance of God's Love, like a blanket of healing, protection, peace and supply. Thus do the "Wings of the Almighty" spread over the face of the land. In the same manner, individuals who are by nature, and cultivation, self controlled and balanced in times of crises, become the natural recipients and dispensers of supernatural substance "the manna from heaven" which is sometimes required by the people to sustain the body's life during cataclysmic action, famine, war, pestilence, or other crises of a like nature. Witness Moses feeding the Israelites in the wildersness, and Jesus multiplying the loaves and fishes.

Let us then, individually, begin to train ourselves to remain The Peace Commanding Presence in the face of the small, trifling experiences of daily life that when, and if, the occasion should ever arise we may abide under the Wings of the Almighty and—further—become Those Very Wings to the children of earth who might require our Presence, Comfort Asistance and Counsel.

Wherever I Am, the Father is present,
Wherever I Am, is Infinite Peace,
Wherever I Am, is God's Protection
Wherever I Am, man's troubles cease.

Wherever I Am, Nature is kindly—
Before Me Her Lavish Board is spread.
Her elements form a mantle around me,
In Paths of security, I Am led.

Wherever I Am, the Light of His Presence,
Healing and raising, ever abides.
His sweet benediction constantly flowing,
His will victorious, whatever betide.

Wherever I Am, the Wings of the Almighty
Over my brothers, in love, are spread.
No evil thing shall ever befall them.
Into His Presence, they are gently led.

THE SACRIFICE OF SANAT KUMARA

By THOMAS PRINTZ

The Great Lords of Love on Venus, gathered together in Holly Council, were advised that their sister planet, earth, called the Dark Star or The Shadow Planet, could not radiate enough light to assure herself of a permanent place in the Solar System. As man replaces a blown bulb on the Christmas tree string, so the Cosmic Law must, impersonally, remove from its Cosmic Chain, those planets or stars that cannot or will not fulfill their individual destiny and contribute within a certain allotted time allowed for development a radiation of light, peace and harmony to the Universe of which it is a part. When the planet has exceeded its time alloted for growth and expansion, and it is found to be without a self generated and self sustained power of radiation for good, it must be discarded, and its component elements returned to the unformed for repolarization and remoulding into a more productive form.

Rather than see the earth dissolved, thus leaving the millions of souls then evolving on the planet without a planetary home upon which to work out their own mastery, the Council of Venus volunteered to send some of Her People to carry and sustain the light for the earth until enough of the earth's people could be educated in the Instruction of the Flame and taught how to regulate their own life flame, so that it would emit a steady and constant light. The light so cultivated in the hearts of men would then be "the light of the world" and the Great Visitors from Venus, their mission accomplished, could return in Love, as in love they came, to their Celestial Star.

The Greatest always being the servant of the lesser, Their Cosmic Lord Himself—Sanat Kumara—and three of His Children offered to lead the Missionary Band. The Great Kumaras, with thirty loyal volunteers, prepared for their descent into the atmosphere of the planet earth knowing full well that they must remain until enough of the children of earth had awakened to the need of the hour and of the Cosmic Fiat that the earth must emit more light. These earth children, then, must enter into the centuries of trainning, self control and discipline required to become Lords of Their Own Heart Flame and through that Flame release the Great

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"FOR TRULY MY WORDS SHAL'. NOT BE FALSE; HE THAT IS PERFECT IN KNOWLEDGE IS WITH THEE".—Job. (36:4)

TRAVEL IN CONSCIOUSNESS

Consciousness is our thought and feeling self, which abides within the bodies God and the elemental Kingdom have provided for us. Every experience we have adds to the sum total of Wisdom or foolishness which makes up our individual, distinctive consciousness.

In the years between infancy and maturity, every individual—through choice and circumstance— adds to and changes his consciousness for better or for worse. We can experience both terror and ecstasy without using the medium of the physical body, for all have known the joys of happy "dreams" and the horrors of night mare. In the fields of drama, literature and art, man has learned to free his consciousness from the prosaic environments from whence he views this "imagery".

Consciousness endures beyond the dissolution of the physical body at the time of so called death, through the intermediate life, and returns as the personal heritage of the re-incarnating ego, forming the foundation of his new experience life. Therefore, the richer and more perceptive our individual consciousness, the more rapid our growth in this and succeeding lives.

When we ask the Gentle Reader to travel in consciousness, we are but encouraging him to use the same faculties by which he transfers himself temporarily, into the world of the dramatist, the poet, or the Master of literature. A good formula for such travel is here outlined.

No. 1. Determine where you want to go. Nourish the outer mind through reading about and contemplating upon the Sphere or Location which is to be your goal, until you can close your eyes and picture your objective. The Presence of God and His Messengers are your compass charts. Your mind is like the sail of a boat.

No. 2. **Will**, through your feelings, that you will reach your destination. Your feeling world is like the wind in the sails. Use your feelings also to generate joy and anticipation for your journey.

No. 3. **Relax** and let God through you do the work. When you are going to sit down before the fire with a good book, you anticipate a time of relaxation. In like manner, if you are going to attend the opera or the theatre, you welcome it as an opportunity to relieve the conscious or unconscious tensions of the work-a-day world. Spiritual journeys and exercises should also be a mode of relaxation and enjoyment and not be entered into with mental strain, restraint, and the accompanying uncertainty of either your ability to make the journey or to retain the benefits received. Be assured that over eighty percent of your benefits are to the unfolding soul, and the mental retention of your experience will come with time.

No. 4. **Utilize** the results of your experience in your daily living. The Far East is an unhappy example of the "escape mechanism" of religious ecstasies which accomplish no good purpose in the forward course of evolution of our planet, its mankind, and the Nature Kingdom as well. To look at a vision, to smell a rose, to contemplate and recognize a truth is commendable, BUT TO TRANSLATE THE VISION AND TRUTH INTO ACTION IS TO SERVE GOD'S PURPOSE. Also the balance you return to life for any expansion of consciousness, determines how much you will receive on your next visitation to the Cosmic Well.

HOW TO CONTACT THE MASTERS

There are among the people of earth individuals who have chosen to cultivate the friendship and association of certain Liberated or perfected Beings, and by choosing to contemplate the Lives of these Liberated Beings, of studying their words when such are available, by contemplating their individual focus of intelligence, such human beings absorb the Life, the Radiation and the Substance of the Master they are wise enough to contact through the magic medium of their thought and of their feeling.

You can cultivate the friendship of a Master with greater ease than you can build a human friendship between men because you are always connected with the Master through the medium of thought and feeling on an instant whereas the human bodies bound by time and space, must needs have personal contact in order to enjoy association one with the other.

SUPPLY IN THE NEW AGE...

(Continued from page 20)

netic pull of God's Love that cannot be denied. That draws toward me, even from the very corners of the earth, all the substance, friends and assistance required to fulfill this idea and lower it into manifest form.

PEACE!

The whole world is seeking peace, individuals and nations. Peace means surcease from pain of mind and body. Peace seems to have fled the earth and yet until it returns neither individual nor nation will find rest.

The favorite salutation of the Master Jesus was "Peace be unto you." On the night of The Last Supper He gave them His last heritage in the words—"Peace I leave with you, my peace I give unto you; not as the wold giveth, give I unto you. Let not your heart be troubled, neither let it be afraid."

Knowing what they were to go through, He bestowed on them a measure of His Peace which He knew would enable them to bear the pain and disappointment which was to come upon them and He gives the same cheering message today to all those who are burdened for one reason or another.

Peace is a vital force, a substance that can be felt by the human body as a radiation of well-being, and which can be seen by the inner eye as an exquisite, palpable ephemeral substance having both sound and color. Its color is an exquisite pale gold and its sound is like the softest music which intermingles with the feelings, soothing and healing them.

Jesus is recognized in Heaven and earth as The Prince of Peace. Through the centuries He has generated a vast aura of this heavenly substance which is instantly available to anyone seeking its soothing influence.

In this modern day of invention and genius it is an easy matter for us to accept the possibility of thought projection or thought transference. We know that thoughts of all kinds are continually floating in the atmposhere all around us waiting to be picked up by people who tune in to their vibration, but a **specially directed** thought, with intense feeling behind it, goes straight to its mark, especially when it is consciously projected at the waiting and receptive mind of the Master Jesus, carrying a request for Peace, Healing or whatever is the need of the hour. This service of the Master may be impersonal, although we have His personal invitation to partake of His great gift in the words—"Come unto Me all ye who are burdened and heavy laden and I will give you rest (peace)."

"IF GOD BE FOR US, WHO CAN BE AGAINST US"—Paul. (Rom. 8:31)

THE LAW OF EVOLUTION

By D. T. MARCHES

Limitation of any kind in the experience of man as a whole, or the absence of some essential quality conductive to the health and happiness of the race, are the causes of many of the mental and bodily ailments prevalent in the world today. Worry, distress and grief, coupled with a feeling of helplessness in the face of existing circumstances, prey on the mind of the individual, followed by a depressing effect on the atoms of the body which manifests as disease and distress.

In order to intelligently control the circunmstances of life, it is essential that man must have an understanding of the laws under which he lives and how he may comply with those laws in order to experience lasting peace, abundance and good health of mind and body.

The lives of the people living on this planet are bound about by material laws governing almost every department of life, enacted with a view to protect the individual's best interests in life and property, as well as to counteract and curb the selfishness and carelessness of some members of society who—if not restrained—would make daily life a hazard. Although the intelligent citizen makes it a point to acquaint himself with the laws of his community, state and country, he seldom stops to think that there are great universal laws, under which he is also responsible, which govern his body, his spiritual growth, his personal happiness and his evolution.

The whole universe, of which our planet is a small unit, is governed by one great blanket law which is called The Cosmic Law. This Law is divided into many subsidiary units which best protect the specific evolutionary condition of the manifold expressions of creation. There are spiritual as well as natural aspects of this great One Law and every created thing, from the smallest atom to the Godhead Himself exists under some phase of Its governance.

Man, being a complex creation, comes under these two latter aspects of the Cosmic Law. His body, composed of the elements which form our planet, comes under the Natural Law and his soul or spirit which is that part of man "made in the image and likeness of God" comes under the Spiritual Law. The mind, which is the seat of reason and intelligence, as well as being the outer expression or representative of the soul or indwelling spirit comes, of course, under this latter aspect. Therefore, it is the personal self of the individual who is held responsible for any infraction of the Spiritual Law and it is the personal self, through every department of life, including health, finances, position, etc., that suffers reaction through the most minor infringement of this law. The branch of the Spiritual Law governing all evolving life on this planet, including that of man, is called the Law of Cause and Effect and it is mostly due to his ignorance, rather than wilful transgression of this law, that he reaps the direful effects resulting from imperfect causes. All the misery in the world, including war and even death are effects set up by wrong causes in the lives of men.

Material laws are transgressed daily, either wilfully or otherwise, without the offenders being apprehended because the transgression did not have a material witness with authority to enfore the law. The natural laws governing the health of brain and body are likewise daily infringed, but because the body is long suffering and patient, the cause of the transgression of this law is not always discernible when disease and discomfort appear. However, it is this seem-ingly "invisible agent" of the spiritual laws that encourage the transgressor in the erroneous belief that "where there is no eye to witness the deed, the fault goes unrecorded." Man never made a more grave mistake.

Within the soul of each human being there is a Sleepless, Tireless, Indefatigable "Recorder" (Conscience) which keeps account of every passing thought and feeling that emanates from these, the creative centers. It is as mechanically accurate as the modern devices that record energy waves on tape and wire for future reference, only more so, because it is a celestial law. According to the quality of the energy generated does it set up invisible but potent CAUSES in the life of the individual, either on the right or left side of the "Book of life".

If the thoughts and feelings are harmonious and constructive, tending to help individuals or to promote good, then there is so much merit credited to the evolving ego. That good is not quiescent but a living CAUSE (spiritual seed) in the person's world and he will reap the benefit of it in a pleasant effect which sometimes appears in his world unexpectedly—the world has called these "surprise windfalls" "the smile of fortune". But, nevertheless, they are the direct result of an exact law.

If, however, any thought or feeling vibration should go out from an individual that is in the least degree tainted with discord, anger, hate, resentment or any other human quality that would hurt or injure any part of life, that activity sets up a CAUSE within the individual's world, which, sooner or later, will express itself as an unpleasant EFFECT or experience in the life of its creator.

HOW A MOTHER SHOULD PROTECT HER CHILDREN

The love of the mother for her children is intense, and yet at times it is tinged very much with fear that they will in some measure be harmed and injured through a problematical war or some other unhappy circumstance.

That thought and feeling is a film or coat of substance that enfold them like a coarse garment and hinders their progress and is held around them while your attention is upon them.

There is an old saying: "That which I feared came upon me," which is based on Truth and the stronger one's attention and vision for an individual is, the more power he or she has to directly influence the lifestream.

Mothers who hold in their hearts this picture of fear about their children, should change it, and hold for them a picture of strong, outstanding kindly, tolerant men and women. Thinking of each one as a Perfect Being, you will not only undo the fear creation that is around them, but you will help their thinking and feeling processes to take on a more constructive and selfless pattern.

"...WIST YE NOT THAT I MUST BE ABOUT MY FATHER'S BUSINESS"—Jesus. (Luke 2:49)

THE SACRIFICE OF SANAT KUMARA

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Kumaras from their service of Love and Light.

The thirty pupils of the Kumaras thus bade goodby to their families, their homes, their planet and stood in the Solemn Court of the Lords of Karma of Earth. This Great Council accepted in gratitude the entrance of these souls into the wheel of the earth's evolution. Each was bound to the wheel of embodiment, earth experience, and death for so long as the earth should need their borrowed light, and **none might be released** until the hour came when the earth's own light was sufficient to pass the Cosmic Law's demand. Only then could these thirty Beings be cut from this wheel and assume their rightful evolution upon their Sweet Planet of Love. Has there ever been such a supreme sacrifice? Not for one lifetime, one enbodiment of suffering, one death, one birth, but for countless, inconceivable millions of rounds.

The first duties of the Thirty Loving Ones was to prepare a place for the coming of Their Lord. When each soul was bound round by the "forgetful bands" of earth's magnetism and entered into birth, only his burning love remained to light his way. Yet each was enabled in those early days, before the wearisome journey had dulled the glow of the spiritual fire, to remember his purpose sufficiently to find his brother pilgrims and unite in the preparation of the home for Sanat Kumara in the atmosphere of earth. This great preparation, taking hundreds of years, is known as the "Building of Shamballa," to which we will refer in our next article.

WORLD PEACE AND WORLD BROTHERHOOD

THE BRIDGE is working to promote, from the spiritual angle and through the individual, just as Christian and other churches are doing, the World Peace and World Brotherhood, based on Love, Justice, Tolerance and Freedom.

The inalienable rights of free men have been evolved through centuries of struggle, and the maintenance of these rights have been the obligation of that portion of humanity who consider the God given opportunity to enjoy freedom, justice, the right to worship God according to the dictates of the individual conscience, and the opportunity to pursue and secure happiness more precious than any personal inconvenience or hardship. The establishment and maintenance of World Peace in no manner is to be interpreted as the condonation of tyranny, oppression, aggession, or evil of any kind, no matter under what misleading guise it may be camouflaged, nor as the appeasement of wrong doing or wrong intent.

World Brotherhood does not constitute the leveling of all men to the sub-standards of the lowest strata of human kind, but the conscious raising, through education and competent guidance, of the entire race to the highest standards of moral, ethical, economic and spiritual maturity.

FORTHCOMING FEATURES

The following articles, among others, will appear in our next issue: Luxor, the Ascension Temple; The Masters of Wisdom Speak on How you are assisted on the Path at this hour; and The Building of Shamballa.

WHAT OTHERS THINK OF US

The following statements have been taken at ramdon from the hundreds of letters we receive daily soliciting subscriptions to THE BRIDGE.

- "How blessed we are to have the opportunity to read THE BRIDGE."

- "I am deeply grateful that the teachings of the Masters are now boing brought to the attention of so many, through the columns of THE BRIDGE.

- "Thank you for the copies of THE BRIDGE. I am most grateful for them, and to know that there is such a wonderful activity. The information and instruction given is most encouraging, and I am enjoying them very much."

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- "If we are to judge the tree by its fruit, THE BRIDGE is certainly a new platform of the Masters of Wisdom, from which they talk to us every month."

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THE BRIDGE is the Journal that sells for less than cost, and contains information that money cannot buy.

EXPLANATORY NOTE—The Gentle Reader is reminded that all religious doctrines and faiths are based on the findings of individuals whose highly developed, purified faculties, exalted vision and uplifted consciousness enabled them to perceive Truth and translate Truth for lesser men.

The articles and features in this Journal are for the purpose of stimulating the development and accuracy of the reader's spiritual faculties and discernment, through encouraging him to travel in consciousness only and experience the spiritual realities described herein, thus confirming Truth through his own independent, uplifted vision.

"YE SHALL KNOW THE TRUTH AND THE TRUTH SHALL MAKE YOU FREE"—Jesus (John 8:32)